

Nutrition Facts

_____ servings per container

Serving size _____ (____g)

Amount per serving

Calories

% Daily Value*

Total Fat _____g _____%

Saturated Fat _____g _____%

Trans Fat _____g

Cholesterol _____mg _____%

Sodium _____mg _____%

Total Carbohydrate _____g _____%

Dietary Fiber _____g _____%

Total Sugars _____g

Includes _____g Added Sugars _____%

Protein _____g

Vitamin D _____mcg _____%

Calcium _____mg _____%

Iron _____mg _____%

Potassium _____mg _____%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.